

CLEANLINESS IS NEXT TO GODLINESS

Work at the Medical Intensive Care Unit (MICU) has been tougher than usual, mainly because of the new protocols we have to practice for COVID-19. MICU is a place which should be infection free. I use gloves, apron, mask, hair caps, visor and shoe covers. The biggest worry for me is the sudden increase in the solid waste from the ward. We

The biggest worry for me is the sudden increase in the solid waste from the ward. We used to collect 7 to 9 bags on a daily basis before. Now we collect 30 bags of waste every day. The amount of laundry has also increased.

As a house keeping attendant, it's my responsibility to ensure that the laundry of COVID-19 patients is thoroughly cleansed. I soak the gowns, sheets, curtains etc in Dakin's solution for 20 minutes. They are dried separately, then folded and packed. I take them personally to the laundry department.

Whenever I am on duty, I wash all the clothes by myself, especially the curtains and bed sheets. Once the cotton sheets are wet, they become very heavy, so I don't ask my women colleagues to do this part. I know that during the lock down, they have an increased work load at home too. So I try to do the heavy duty physical work.



Mr. Antony

Though I am close to 60 years, God has given me enough strength, physically and emotionally. Initially my staff-in-charge was concerned about the risk of infection because of my age. They gave me a choice to be exempted from my duties in MICU and move to some other area. I decided I will not abandon my work. All these years I have done my duty faithfully and the present fear will not make me do otherwise.

Working in the critical care area of MICU, I have seen many calamities and many deaths. The corona pandemic which is shaking the world today does not scare me. This is because my first stop when I reach CMC hospital is the chapel. I pray every day that God will give me the strength and wisdom to do my duties well. Trust God, trust CMC and follow the protocols carefully. At CMC, we do not just the work of man, but the work of God.

