

Answers on the Resurrection Morning

Easter is a time to reflect the answers provided by God in ways beyond our understanding. Let us look into three questions that we come across in the gospels regarding the resurrection of Christ.

1. Who will remove the stone for us?

The women approached the tomb with a question: "Who will remove the stone for us from the entrance to the tomb?" (Mark 16:3).

God's answer was in supernatural ways. Mathew's gospel tells us about the earthquake that happened on the first Easter morning. The angel of the Lord came down and rolled the stone away (Matthew 28:2). God acts in ways beyond our thinking and planning.

2. Why do you look for the living among the dead?

Our wrong understanding of God can take us to wrong places. The women came to the tomb side, thinking

to see the body of Jesus and anoint the body with spices. To their surprise Jesus' body was not there. The angel asked them, "Why do you look for the living among the dead?" (Luke 24:5). Jesus very clearly spoke about his resurrection before his suffering and crucifixion. But no one believed it. Jesus was crucified on the cross, but just as he told, he rose again on the third day. Are we willing to believe what he has spoken to us or are we still guided by our own conclusions about God and His ways?

3. Woman, why are you weeping

Mary Magdalene was unwilling to leave the tomb side, while others left. She was found weeping outside the tomb. The angel asked her "Woman, why are you weeping?" She said to them, "They have taken away my Lord, and I do not know where they have laid him" (John 20:11 - 13) The risen Christ was standing near to her. Supposing him to be the gardener, she said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him away." Jesus said to her, "Mary!" She turned and said to him "Rabboni" (John 20:15,16) Mary was delighted to see Christ, the risen one. The risen Christ first appeared to Mary Magdalene. She was rewarded for her waiting and seeking. Christ gave her the responsibility to share the message of the resurrection to the world around (John 20:17). Mary Magdalene went and announced to the disciples, "I have seen the Lord". From then on, we see the story of the resurrection of Christ being unfolded rapidly. May our hearts be open to see and believe the risen Christ, so that we may receive answers to our life's existential questions. May the risen Lord go ahead of us and prepares a way for us, Amen!

Colorectal Cancer Awareness Month

Staff Awareness Programme

The Surgical Nursing Unit and Surgery Unit - II of CMC, Vellore observed Colorectal Cancer awareness month during March 2025 on the theme '*Colorectal cancer: Preventable, Treatable & Beatable*'. Health education programmes on Colorectal Cancer awareness were conducted for the support staff of Surgical Nursing Unit and the rural population of CHAD & RUHSA in the respective OPDs on risk factors and screening protocols.

Public Awareness Exhibition

On March 28th, the awareness exhibition began with prayer, led by Rev. Jim M.R. Paul and ribbon cutting by Dr. Mark Ranjan Jesudasan, Associate Director. The gathering was welcomed by Ms. Caroline Kavitha, Charge Nurse, Stoma Care Services, Surgical Nursing Unit.

The Banners in the stalls provided information on identifying the signs, risk factors, diagnosis and the screening strategies for colorectal cancers. The puppet show, which was conducted in English, Tamil and Hindi, highlighted the importance of prevention. Also part of the exhibition were games such as picture connection, jumbled words and word puzzles. The audience eagerly participated in the screening programme, and a few were referred to Surgery II OPD for further evaluation.

Colorectal Cancer Survivors Meet

Survivors 'meet' & valedictory programme was conducted on the 28th of March 2025 in C.K. Job hall, Paul Brand Building. The programme started with a prayer song by the staff of the Surgical Nursing team. Prayer & devotion were offered by Rev. Jim M.R. Paul. Dr. Rohin Mittal, HOU, Surgery Unit-II (Colorectal Surgery), welcomed the gathering while Mrs. Latha Madhankumar, Nurse Manager, Surgical Nursing Unit, gave an overview of the activities. The inaugural address was delivered by Dr. Sheela Durai, HOU, Surgical Nursing Unit. Dr. Mark Ranjan Jesudason, Associate Director, Dr. Inian Samarasam, Head of Division of General Surgery, Dr. David Mathew, Deputy Medical Superintendent, Mrs. Jayalinda, Associate Nursing Superintendent, offered their felicitations and appreciated the services.

The highlight of the programme was the sharing of life experiences by Colorectal cancer survivors, who were introduced by Ms. Caroline Kavitha, Charge Nurse, Stoma care services. Being the first survivors' meeting for patients with Colorectal cancers, they talked about their experiences of being diagnosed with Colorectal cancer, the evaluation, treatment, and continued support from their families and medical & nursing team. Their ability to move forward and lead fulfilling lives highlighted their resilience, and many found inspiration in the practical advice they shared on daily living and maintaining a healthy diet. Motivated by these survivors' experiences, the medical team began organizing regular meetings to support and connect patients with colorectal cancer.

Dr. Rajavelu, Former Dean, Govt Medical College & Hospital, was the Chief Guest of the event. While delivering the Chief Guest address, he reiterated the importance of bringing awareness & sharing the life experiences of survivors to motivate others and to create web-based support groups. Dr. Rajat Raghunath concluded the programme with a vote of thanks

Winners of various competitions were awarded prizes.

Poster competition (English)

1st Prize : Ms. P.Jedidah Susanna, S/N, C201, Campus 2nd Prize: Ms. Amulu S, S/N, (Ag. Incharge) P2 ward 3rd Prize: Ms. Karthiga G, S/N, C202, Campus.

Essay competition (Tamil)

1st Prize: Ms. Sudha, O6 East, Breast Care Nurse
2nd Prize: Mr. Dinesh, K ward
3rd Prize: Mr. John Staines, Department of Nephrology.

Slogan competition: (English)

1st Prize: Mr. Dinesh S/N K ward. 2nd Prize: Amulu, incharge, P2 ward. 3rd Prize: Simon David, S/N, B1 ward.

Slogan competition (Tamil)

1st Prize: Ms. Pon Christy, S/N, S ext.
2nd Prize: Ms. DGS Komathi, Educator, NTICU, Ranipet Campus
3rd Prize: Ms. Helen Sofiya, C/N Schell.

Poem writing

1st Prize: Mr. Mubarak Ali, Staff Nurse, Neuro OR, Ranipet Campus
2nd Prize: Ms. Kelita mary Anil, Staff Nurse, B601, Ranipet Campus
3rd Prize: Mr. Haralan Popou.S, Staff Nurse, Neuro OR, Ranipet Campus.

Group Quiz:

1st Prize: P2 ward Ms.Amulu, incharge, Ms.Viviyan S/N, Ms.Sheeba S/N

2nd Prize: O3 west Ms.Jayanthi, S/N Ms.Lakshmi S/N, Ms.Alphy Vinoy S/N

3rd Prize: Ms. Asha James-Nurse Manager, O6 west, Ms. Soosana Reji, Tutor O4west, Ms. Dona Jose-Breast care nurse.

We thank God for his mercy & grace which enabled us to observe the Colorectal Cancer awareness month fruitfully. We look forward for your continued support as we plan & strategize future activities for the survivors.



Completion of NNF-PEP (Partnership for Education of Health Professionals) Phase 1 - Empowering Nurses in Community Mental Health

The College of Nursing, Christian Medical College (CMC), Vellore, proudly celebrated the completion of the OBL module-based short course on Community Mental Health Nursing as a part of phase 1- NNF PEP project with a valedictory programme on 2nd April, 2025. The event commenced with an opening prayer by Ms.Shandrilla Immanuel, Deputy Dean and Head of the Community Health Nursing Department. Educational products purchased (interactive smart boards, half-padded chairs) during the project were also dedicated during the event. Dean Dr. Vinitha Ravindran welcomed the gathering. Ms. Divya Evelyn, PEP Coordinator, presented an engaging project overview, highlighting the course's vision, structure, and implementation journey-from planning and module development to participant engagement and evaluation. The project, initiated in 2023 under the deanship of Dr. Vinitha Ravindran, emerged from the need for enhanced mental health training among community health nurses. The key objectives of Phase I were to enhance nursing education through the integration of innovative and novel digital approaches in curriculum development and teaching methodologies while simultaneously strengthening faculty capacity. In response, the nursing faculty of CMC, in collaboration with expert teams across the Community Health Nursing, Psychiatric Nursing, and Continuing Nursing Education departments, designed a six-week blended learning course delivered through the Moodle platform with a title, "Training and Sensitization of Community Health Nurses on Common Mental Health Issues Through Innovative Blended Learning Modules developed by Nursing Faculty".

Esteemed guests, including Dr. Rebekah Dass Zechariah, Senior Medical Officer & Professor (Distance Education Department), Mr. Arun Zechariah, Systems Manager (Educational Technology Unit), and Dr. Manoranjitham Sathiyaseelan (Professor & Head, Psychiatric Nursing, delivered felicitations and lauded the innovative approach to empowering nurses in mental health as well as using online blended learning techniques. Participants shared their heartfelt feedback, described the course as a transformative approach towards learning, and said that it included practical tips for caring for persons with mental health issues. E-certificates were released. Special appreciation was extended to the NNF-PEP Primary Investigators, departmental teams, non-teaching staff, and the enthusiastic first batch of participants who brought life to this pioneering initiative. This module now will be made available to nurses across India.



68th Early Management of Trauma Course Department of Emergency Medicine

The Department of Emergency Medicine has completed the 68th Early Management of Trauma Course (EMTC) at CMC Vellore from 14th to 16th April, 2025. Started in 1997, this unique course is an indigenous programme, which is conceptualised, developed and validated by Christian Medical College Vellore, and is in fact, the first structured training programme for the Early Management of Trauma in India. This course is designed to provide hands-on experience in prioritization and early management of trauma and comprises of lectures, scenarios and skill-stations on various aspects of trauma evaluation & management. The feed-back from the trainees was excellent with demand for more frequent courses and gratifying for the faculty as well.



13th Basic Course in Medical Education [BCME]

The National Medical Commission's 13th Basic Course in Medical Education [BCME] was conducted for In-house CMC faculty from 8th – 10th April 2025 in the Nodal Centre, Medical Education Department (MED), CMC Vellore. 30 participants (2 Associate Professors, 28 Assistant Professors) benefitted from this course.

The objectives of this programme was to:

- Sensitise the participants to understand the principles of learning
- Frame specific learning objectives for a competency
- Enumerate various interactive learning methods in a large group or a small group
- Choose the right assessment method for the competency
- Give timely feedback to the students
- Apply innovative methods in teaching & assessment of AETCOM (Attitude Ethics and Communication) modules.

Dr. Margret Shanthi F. X. started the day with a word of prayer & welcomed the members present. Resource persons from various departments in CMC Vellore facilitated the most active sessions. Dr. Prakash S. S. proposed the vote of thanks on the third day.

The Department of Medical Education gratefully thanks, Dr. Margaret Shanthi F. X., Dr. Surekha V., Dr. Sudha Jasmine, Dr. Vinod Abraham, Dr. Sathishkumar T., Dr. Vinay Oommen, Dr. Tripti M. Jacob., Dr. Vandana K., Dr. Prakash S. S., Dr. Srujan Lam Sharma, Dr. Deepak V. Francis, Dr. Supraja S., Dr. Latif Rajesh and Dr. Audrin Lenin for all their contributions towards the successful conduct of the Basic Course in Medical Education (BCME).



Managerial Skills Development [MSD] Training Programme

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters," Colossians 3:23

People are the greatest asset of any organisation, and every staff member plays a vital role in shaping the work environment. In alignment with this belief, a one-day Managerial Skills Development Training Programme (MSD) for the pharmacy supervisors was conducted. The programme was proposed by Dr. Ronald Carey, Head of Pharmacy, and was designed and delivered in collaboration with the Department of Hospital Management Studies and Staff Training and Development (DHMSSTD).

The pharmacy supervisors play a pivotal role in training frontline workers and ensuring excellence in patient care. This programme aimed to strengthen their leadership and managerial capabilities. The core

objectives included instilling integrity and ethical behaviour, cultivating professionalism, cultural competence and empathy, creating a positive and inclusive work culture, and promoting collaboration and communication across healthcare teams. The sessions were conducted by various intramural and extramural faculty, Mrs. Sonia Valas, Dy. General Superintendent & In-charge of DHMSSTD, Rev. Immanuel Angelo, Pastor & Trainer, Mrs. Sheela Elizabeth, Psychologist & Trainer, Mr. Durai Jasper, Dy. General Superintendent, Mr. Rozario David, Asst. Manager, Rev. Joseph Devaraj, Sr. Chaplain and the DHMSSTD team facilitated team-building activities. The training was dynamic and interactive, using methods such as case studies, breakout sessions, group discussions, debates, games, and illustrations to reinforce learning.

The training programme was successfully conducted over a span of three months in five batches wherein 97 pharmacy supervisors were trained.

Participant feedback was overwhelmingly positive, reflecting the program's strong relevance and practical value. Many also shared thoughtful suggestions and expressed interest in more training sessions in the future. This initiative highlights our institution's continued commitment to fostering professional growth and building a culture of leadership, integrity, and excellence in healthcare.





Founder's Day staff football Tournament for the year 2024 - 2025

Dr. Ramya I, Professor and Head, Medicine Unit-V was the chief guest and distributed the prizes to the winners of Founder's Day staff football Tournament for the year 2024-2025 on 11th April, 2025.

Results :

Winners: Nursing ServicesRunners up : OR.



Special Prayers - April 20 - 26, 2025

Dodd Memorial Library :Dr. Azariah Jeba Kumar I. and StaffGault Library: Mr. D. Samuelraja and StaffArchives: Dr. Reena Mary George and StaffCSI Jaffna DioceseCouncil Members : Rt. Rev. Dr. V. Pathmathayalan
Rev. W. Jebasingh SamuvelHospital : Green Memorial Hospital, Manipay.



CSI Tirunelveli Diocese

Council Members : Dr. Jeyam Juliet Hospitals : CSI Jeyaraj Annapackiam Hospital, CSI Bellpins Indrani Chelladurai Mission Hospital, Palayamkottai and others.

Welcome

• Dr. Roshni Sharma, Assistant Physician, Medical ICU, on her return from study leave.

Memoranda

- Dr. Vikram Mathews, Director will be In-charge of Missions Department when Dr. Jachin Velavan, Associate Director (Missions) is on sabbatical leave with effect from 7th April 2025 to 5th October 2025.
- **Dr. Adeline Sitther,** Sr. Medical Officer will be In-charge of Distance Education Unit, during the period when Dr. Jachin Velavan, Physician, Head, Distance Education Unit is on sabbatical leave with effect from 7th April 2025 to 5th October 2025

Laurels & Recognitions

• **Dr. Sanjeev M Padankatti,** Professor & Head, Occupational Therapy, received the prestigious Rehab Quality Champion Award at CAHOCON 2025 at New Delhi. He presented on 'Quality Assurance in Occupational Therapy' at the preconference workshop attended by over 300 delegates at the Indian Spinal Injuries Centre (ISIC).

Retirements

Erratum: Mr. John Kennedy, Instructor in the Department of Radiation Oncology, retired on 24th March, 2025, after completing 35 years and 5 months of dedicated service at CMC Vellore.

He earned his Diploma in Radiotherapy Technology at CMC Vellore from 1986 to 1988 in a course conducted by CMAI. Following this, he worked at Amala Cancer Hospital in Kerala from October 1988 to 1989. He rejoined CMC Vellore on October 20, 1989, and continued his exemplary service there until his retirement.



In 2000–2001, Mr. Kennedy completed the Tutor Diploma in Radiotherapy Technology course conducted by CMAI (MRTTC). He further expanded his expertise by attending IMRT training at the University of Nebraska Medical Center, USA, from 6th to 14th October, 2005. Between 2012 and 2015, he spent three years in Malta on sabbatical leave. Upon his return, he resumed his work at CMC Vellore.

Mr. Kennedy's wife, Mrs. Emimal Kennedy, is currently working as a Charge Nurse in the Neuro ICU. His elder daughter, Miss Joanna, has completed her bachelor's degree in Hospital Administration and is now employed in a private job. His younger daughter, Miss Hosanna, has completed her MBBS in Salem and is currently pursuing her first year of MD Postgraduate studies in Emergency Medicine at CMC Vellore.



Mr. Ravi R, Senior Hospital Housekeeping Attendant retired on 5th April,2025 Mr. Ravi joined CMC at the age of 19. He was formerly a General Service Board representative and during his tenure he raised several requests for the Class IV workers welfare. His wife Mrs. Surekha HHKA works in A block and they are blessed with two daughters. His older daughter R. Keerthana is pursuing 2nd Year B.Sc Nursing in Chittoor University and younger daughter R.Yuvashree is in her 9th std in vellore. The CMC community is thankful for 4 decades of dedication and commitment to the institution and we wish him a blessed retired life.

Obituaries

- Ms. Valli Ramaswamy, mother of Mrs. Sasikala Umesh, Professor & Ag. Head, Medical Surgical Speciality-I, passed away on 12th April, 2024. Let us uphold all the bereaved members of the family in our prayers.
- Mr. Susairaj, 51 years, father of Mr. Sushil Antony, Occupational Therapist, Department of Psychiatry on 17th April, 2025. Let us uphold all the bereaved members of the family in our prayers.

Situations Vacant

Click the following link to view the vacancies <u>https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx</u>

Vacancies under the Principal's Office - for queries, contact the mentioned office

1. Assistant Professor with **DM Paediatric Haematology / Paediatric Oncology** for the **Department of Paediatrics - I (Paediatric Haemato. Oncology)**

Salary : As per institutional rules.

Accommodation : Provided (Subject to Availability).

Applications are to be done only through the online application system. **Please log on to:** <u>https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx</u> *Hard Copies and emails will not be accepted.* Applications will close by April 26, 2025.

2. Jr. Lecturer (NM) for the Department of Radiation Oncology (Medical Physics)

Qualification : M.Sc. in Medical Physics / M.Sc. Physics with Dip. Radiological Physics in an institution with AERB recognized and preferred clinical Medical Physics experience of 2 years. **Age :** Below 35 Years. **Salary Scale :** As per institutional rules.

Accommodation : Not Provided.

Applications are to be done only through the online application system.

Please log on to: <u>https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx</u> *Hard Copies and emails will not be accepted.* Applications will close by April 26, 2025.

3. Jr. Lecturer (NM) (Medical Physicist with RSO Level III) for the **Department of Radiodiagnosis** (Medical Physics)

Job description : Maintain Radiation safety compliance in diagnostic radiology, radiation dose auditing and documentation, research and academic teaching at the graduate / post-graduate level.

Essential Requirements :

For Jr. Lecturer: Master's in Medical Physics (AERB recognized university).

Licensure / Certification : Candidates should have an e-LORA Radiation Professional registration number and be qualified to execute duties as RSO Level III.

Clinical Experience : Candidates must have demonstrated clinical experience as a medical physicist in diagnostic radiology / radiotherapy / nuclear medicine.

Ethics : Demonstrate professionalism and good communication skills and be able to work with a team within the department and institution.

Age : Below 35 Years. Salary Scale : As per institutional rules. Accommodation : Not Provided.

Applications are to be done only through the online application system. **Please log on to:** <u>https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx</u> *Hard Copies and emails will not be accepted.* Applications will close by April 26, 2025.

4. Assistant Professor with MD / DNB (Community Medicine) for Missions Office

(Candidates with DNB qualification should fulfill the latest NMC criteria for teaching appointment).

Experience : Should have at least three years of teaching experience as (Asst. Professor) in any NMC recognised teaching institution and must have experience in research.

Job Description : Job involves coordinating research activities in CMC network hospitals and facilitating research collaborations between CMC departments with Mission hospitals through the Missions Department as well as teaching in the Community Medicine Department. There will be travels to various CMC network hospitals.

Salary : As per institutional rules.

Accommodation : Provided (Subject to Availability).

Applications are to be done only through the online application system. **Please log on to:** <u>https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx</u> *Hard Copies and emails will not be accepted.* Applications will close by April 26, 2025.

5. Project Officer (Admin) for the Distance Education Unit

Job Code : 1589

Qualification : Postgraduate in MHA / MBA / MPH with a minimum of 2 years of relevant experience to coordinate the Admin and Logistic support for the International Post Graduate Diploma in Hospital Care Management (I – PGDHCM) course in the Distance Education Unit, CMC. The job involves academic support in content creation, student support, managing logistics of online sessions for students, handling students' assignments, and communication with partnering organizations / contact centers. The job also requires regular travel and people skills. Fluency in English is required. Basic knowledge of finance and accounting is also required. Preference will be given to candidates with experience of working in any distance mode of medical education and those with some experience in international liaisons.

Age Limit : Up to 35 years. External Salary : As per institutional rules.

Mode of Appointment : Project Mode Accommodation : Not Provided.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard copies and emails will not be accepted. Applications will close by May 03, 2025.

Vacancies under the office of Medical Superintendent-for queries contact the mentioned office

6. Staff III Laboratory Auxiliary for the Department of Pathology

Qualifications : B.Sc., Life Sciences (Botany, Zoology, Biotechnology & Biochemistry) and those who have completed 4 years as Asst. Lab. Auxillary (Term Appointment) or equivalent only need to apply.

Age Limit : 35years. Salary Scale : Rs.12762 - 510 - 25512 + DA & HRA as per rules.

Note : Only Regular mode will be accepted, Private or correspondence studies will be not accepted.

Applications are to be done only through the online application system.

Please log on to: https://clin.cmcvellore.ac.in/cmcapp/listapplication.aspx

Hard Copies and emails will not be accepted. Applications will close by April 28, 2025.