



For Private Circulation Only

For the Lord takes delight in his people; he crowns the humble with victory. Psalm 149:4

CMC marks first successful heart transplant

CMC Vellore is pleased to announce that its first heart transplant patient - a man in his late 30s who received a new heart on the 24th of July - was discharged last Wednesday, the 19th August, following nearly three weeks of closely monitored post-transplant care and rehabilitation. The donor heart was that of a patient in CMC's own Neurotrauma ICU, who had sustained severe brain injury following a road traffic accident. The successful transplant, the culmination of years of institutional commitment, preparation, and teamwork, marked a significant milestone in CMC's long-standing efforts to strengthen advanced cardiac and transplant care. It was achieved through a culture of multidisciplinary collaboration across the institution, built over several decades.

A new lease of life

The patient who first came to CMC in January of this year had been troubled by breathlessness for a couple of months. He was found to have had a major heart attack that had most likely gone unnoticed. His heart was functioning at only 14.5%, and despite treatment, the patient continued to have severe symptoms and repeated hospital admissions. With limited treatment options remaining, heart transplantation was discussed with him and his family, and consent was obtained. Less than a week after he was listed on the Tamil Nadu organ sharing website as a potential heart-transplant recipient, our transplant team was informed of the potential donor.

Successful transplantation and recovery

Following completion of all medical and legal formalities, at 6:00 am on the morning of the 24th of July, the donor heart was explanted, retrieved and transported to the Cardiothoracic operating theatre, where the recipient was prepared for transplantation. The heart was successfully implanted, and the team was delighted to see it begin beating as soon as blood supply was restored. The patient was taken off ventilatory support the following day and subsequently progressed steadily, moving from the ICU to a step-down facility within a week. He has since undergone immunosuppression titration, rejection surveillance, cardiac rehabilitation, and physiotherapy as per transplant protocols.

Multi-disciplinary co-ordination

Heart transplantation is widely regarded as the gold standard in the treatment of end-stage heart failure, for appropriately selected patients. It is a surgical procedure where heart surgeons remove a severely diseased heart not capable of sustaining the life of a patient (recipient) and implant a new heart donated by the family of a deceased individual (donor) after medical and legal procedures have confirmed brain death in this individual.

125 Years of CMC Vellore 1900-2025



DID YOU
KNOW?

1946: The College obtains university affiliation for the first BSc Nursing Course in India under the leadership of Vera Pitman and Florence Taylor. Vera Pitman & Florence Taylor were pioneering nursing educators who helped shape CMC Vellore's early nursing education programme.

It is among the most highly specialised procedures in medicine and is performed by a limited number of centres in India. Though survival rates and functional status following a heart transplant are excellent today compared to a few years ago, its success, post ideal patient and donor selection, depends not only on surgical expertise, but also on meticulous coordination across numerous medical, nursing, technical and support services. The transplant, led by Dr. Korah T. Kuruvilla, Head, Department of Cardiovascular and Thoracic Surgery and Dr. Anoop George Alex, Head, Cardiology Unit III, was made possible through the collaboration of the medical, nursing and technical teams from Cardiology, Cardiovascular and Thoracic Surgery, Cardiac Anaesthesia, Cardiac Imaging, Electrophysiology, Nephrology, Clinical Pharmacology, Pathology, Cardiothoracic ICU, Neurotrauma ICU, Transfusion Medicine and Blood Bank, HLA Laboratory, Infectious Diseases, Physiotherapy, Perfusion Medicine and other technical support services.

The journey towards establishing the programme

The Departments of Cardiology and Cardiothoracic Surgery had shared the goal of establishing a heart-transplant programme since the early 2000s. A dedicated Advanced Heart Failure Clinic was started in 2025, for identifying, evaluating and managing patients with advanced heart failure and considering them for advanced therapies, including transplantation. A major turning point was the facilitation of specialised training in Advanced Heart Failure and Transplantation among the faculty as well as the establishment and development of the CMC Vellore

Ranipet Campus, enabling the Departments of Cardiothoracic Surgery and Cardiology to function in a state-of-the-art facility with ready access to the supporting departments, infrastructure and specialised teams required for transplantation. The CMC administration also facilitated the construction of a HEPA-filtered cubicle in the Cardiothoracic ICU, specifically designed to support the care of heart and lung transplant recipients.

As CMC continues to strengthen its advanced cardiac-care capabilities, the establishment of a heart-transplant programme represents an important new chapter.

The institution acknowledges with gratitude the donor and the donor family, whose selfless decision to donate organs made this life-saving transplant possible as well as the recipient and his family for reposing their trust in us.

YRC Anti-Drug Awareness Pledge Programme and 77th Geneva Convention Day Celebration

The 77th Geneva Convention Day was commemorated on 11th August 2026 at 10:00 a.m. at the Indian Red Cross Society, Vellore District Branch Office. As part of the observance, an Anti-Drug Awareness Pledge Programme was organised under the guidance of the Honorable Chief Minister of Tamil Nadu. The programme was presided over by Ms. Parvatha, Secretary, Indian Red Cross Society, along with Mr. Udayasankar, the Chairman, Mr. Pandian, the Treasurer and Mr. Indranath, the Committee Member, in the presence of the Youth Red Cross Regional Coordinators, Managers, and college students. The participants took the Anti-Drug Awareness Pledge, reaffirming their commitment to promoting a drug-free society and raising awareness about the harmful effects of drug abuse.

As part of the celebration, various competitions, including essay writing and oratorical competitions in English and Tamil, Visualisation, and painting, were conducted to foster humanitarian values, social responsibilities, and awareness among students. Around 22 students from the College of Nursing, CMC, Vellore, actively participated and secured prizes in various categories. The competitions provided a meaningful platform for students to express their creativity and demonstrate their understanding of important social issues, particularly child labour and the harmful effects of drug abuse.



Retired Staff Prayer Fellowship



The Retired Staff Prayer Fellowship was organised by the Personnel Department, on 25th July 2026 at the VIP Hall. The gathering brought together retired staff members for a meaningful time of prayer, worship, fellowship, health education, and encouragement. The programme began with a time of praise and worship through choir songs, Bible reading, and a spiritually enriching message delivered by Rev. Benniamin. A highlight of the fellowship was the health awareness and exercise session conducted by Mr. Earnest, Senior Occupational Therapist, Department of Geriatrics. He spoke on the importance of healthy ageing, emphasising how regular physical activity, maintaining good posture, balance training, and simple daily exercises can help aging people remain active, independent, and improve their overall quality of life.

Mr. Earnest then led the retired staff through a series of gentle, easy to follow exercises specifically designed for senior citizens. These included stretching exercises, breathing techniques, upper and lower limb mobility exercises, balance activities, and flexibility movements that can be safely practiced at home. He patiently demonstrated each exercise, encouraged active participation, and explained their benefits in reducing joint stiffness, improving circulation, enhancing muscle strength, preventing falls, and promoting physical and mental well-being. The participants enthusiastically took part in the session and appreciated the practical guidance provided.

Following the exercise session, an interactive discussion was held where the retired staff raised questions regarding healthy ageing, physical activity, and maintaining independence. Mr. Earnest addressed their queries with practical advice and encouraged them to incorporate these simple exercises into their daily routine. The fellowship concluded with a time of group prayer, where our retired staff shared prayer requests and prayed together for one another. The programme concluded with the closing prayer and benediction, followed by a fellowship lunch. Overall, the retired staff prayer fellowship was a spiritually uplifting, informative, and enriching Retired Staff gathering that successfully combined Christian fellowship with practical health education, reinforcing CMC's continued commitment to the holistic well-being of its retired staff.

Plastic Surgery CME & Alumni Reunion



"Honoring a Legend, Celebrating a Legacy: The First Plastic Surgery Alumni Meet 2026 & Farewell to HOD Dr. Ashish Kumar Gupta".

The Department of Plastic and Reconstructive Surgery at CMC Vellore hosted its historic, first-ever "Plastic Surgery Alumni Meet 2026" on Monday, August 10, 2026, at the Jacob Chandy Hall, Paul Brand Building. Tracing its roots back to pioneering clinical services started in the 1960s, the event celebrated a major milestone—"Two Decades of Innovation, Reconstruction & Mentorship" since the launch of the department's MCh training programme in 2005.

This milestone inaugural event united generations under the banner "Many Stories. One Legacy," drawing about 120 attendees, including 28 returning alumni, senior faculty from various departments, nursing, retired staff and allied health staff.

The productive morning session kicked off with a series of educational talks on cutting-edge advances in plastic surgery, delivered by distinguished alumni members. The atmosphere turned deeply sentimental during the afternoon session, which served as a heartfelt farewell to the retiring Head of Department, Prof. (Dr.) Ashish Kumar Gupta, following his long, illustrious service at CMC. Dr. Ashish was formally felicitated by Dr. Solomon Sathishkumar (Principal), Dr. Ebby George Simon (Associate Director - Medical), Dr. David Mathew (Deputy Medical Superintendent) and Mrs. Sasikala Umesh, acting HOU (Plastic Surgery Department). The department honored him as an exceptional teacher, a guiding light, and a true legend whose wisdom, patience, and mentorship shaped countless careers. Adding to the warmth of the occasion was the presence of his family: his wife, Dr. Ratna Prabha, Professor in the Department of Clinical Pharmacology and their son, Dr. Ketan, who is currently pursuing his MS in General Surgery at Kilpauk Medical College. We thank Dr. Ashish Sir for his endless inspiration and wish him a retirement filled with health, happiness, and success.



Special Prayers: August 30 - September 05, 2026

Ida Scudder School : Mrs. Swarna Joshua and Staff
Campus Kids Corner : Mrs. Abigail and Staff
John Carman School : Mrs. Gladis Winston and Staff
Balavihar School : Mrs. Anna Jagadish and Staff
Aadhya Vikas Kid's Corner : Mrs. Sharon Evangelin and Staff
College Hill Nursery School : Mrs. Jemima and Staff
Sparkling Stars : Mrs. Kritika and Staff



CSI Dornakal Diocese

Council Members : Rt. Rev. Dr. K. Senam Raj

Hospital : CSI St. Mary's Mission Hospital, Khammam and
Bishop Whitehead Hospital and others.

Memoranda

Ms. Jenny S, Professor (Nursing) is appointed as Additional Deputy Dean, with effect from 31st August 2026 for a four year term.

Mr. Ashok Kumar S, Assoc. Supdt. Engineer, is appointed as Ag. Head of the Department of Engineering Electrical (Central Team) with effect from 25th August 2026 until further notice.

Laurels & Recognitions

The following faculty, fellow and PG from the Department of Radiodiagnosis won the prizes at the 9th Annual National Conference of the Indian Society of Gastrointestinal and Abdominal Radiology (ISGAR 2026) held from July 31st to August 2nd 2026 at AIG Hospitals, Gachibowli, Hyderabad.

Dr. Shobiga N, Senior Resident / Asst. Physician:

1st prize in Scientific Poster presentation

Dr. Anupama C., (Fellow), Senior Resident:

1st prize in Oral Research paper Presentation

3rd prize in Scientific E-Poster presentation

Dr. Jaison A., PG Registrar:

2nd prize in Oral Research paper Presentation

Retirement

Mr. S. Sampath Kumar, joined CMC on 13 September 1993 as an MCTT Trainee in the Medical Records Department (MRD). He was appointed as a regular employee on 21st November 1994 and has completed 32 years of dedicated service to the institution.

Over the course of his long and committed career, he has served in various capacities and retired on 30th July 2026 as Senior Selection Grade I MCTT from the OPD Services Department.



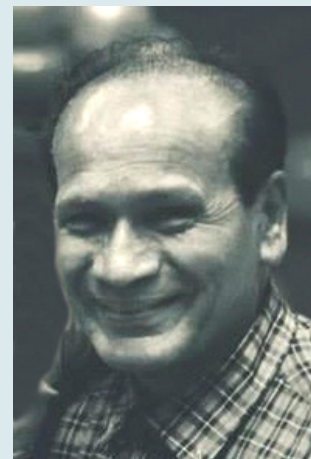
His commitment, sincerity, and valuable contribution to the smooth functioning of OPD Services have been an integral part of his years of service at CMC. His colleagues and the institution will remember his dedicated service and the contribution he has made over the years. Mr. Sampath Kumar is married to Mrs. N. Kavitha, who works in OPD Services, CMC Vellore, as a Selection Grade II MCTT. They are blessed with two children. Their son, S. Avinash, is pursuing MCA at SRM University, Chennai. Their daughter, S. Jeevashree, is studying 11th Standard at Auxilium Girls' Higher Secondary School, Vellore.

As Mr. Sampath Kumar enters this new chapter of life, we extend our heartfelt appreciation for his 32 years of dedicated and faithful service to CMC. We wish him and his family good health, happiness, peace, and many fulfilling years ahead.

Obituaries

- Demise of **Mr. Balaswamy**, father of Mrs. Komali, Office Facilitator, Nursing Superintendent's Office, Ranipet Campus on 25th August, 2026. Let us uphold all the bereaved members of the family in our prayers.
- Demise of **Mrs. Aruna Franklin**, Retd. Sr. Gr. Office Facilitator, Oto-Rhino Laryngology Unit - II & IV, CMC Vellore on 25th August, 2026. Let us uphold her husband Pastor Franklin Periyaseelan, son Mr. Logos NewBegin, Radiographer, UK, daughters Mrs. Mercy Melody, Clinical Pharmacist, CMC Vellore, Ms. Priya Rupavathy, Jr. Speech Therapist, ENT, CMC Vellore and all the bereaved members of the family in our prayers.
- Demise of **Mr. Velavan Timothy**, former Administrator, Department of Distance Education, husband of Dr. Jachin Velavan, (Physician, Distance Education and Associate Director, Missions, CMC Vellore) on 28th August, 2026. Let us uphold his wife, Dr. Jachin Velavan, daughter Mrs. Abigail, son Mr. Nishant, son-in-law Mr. Ashwin and all the bereaved members of the family in our prayers.
- Demise of **Dr. Deodas Bhujangrao Gahukamble** (MBBS batch of 1962) on 16th August, 2026.

Dr. Deodas Bhujangrao Gahukamble, affectionately known to friends and colleagues as Gahu, was born in 1943 in a village in Maharashtra. He had his primary and high school education at Methodist mission schools in Kamalnagar, Karnataka, and Puntamba, Maharashtra, living in hostels from an early age. He later joined Ahmednagar College for his PUC and pre-professional studies. While there, he applied to the Christian Medical College, Vellore, and was selected for the MBBS course with Methodist sponsorship, joining the CMC Batch of 1962. During his student years at CMC, Gahu was a keen sportsman, excelling in athletics, football and hockey.



As Sports Secretary, he was also involved in organising inter-medical college sports meet. After completing his medical training, he fulfilled his mission service commitment in Bidar and Kolar before returning to CMC Vellore to pursue his MS in General Surgery as an open candidate. During this period, he married Dr. Lalitha Gahukamble (née Wairagar), Batch of 1965. His years in surgical training revealed the qualities that would characterise his professional life — keen observation, an analytical mind, intellectual curiosity and an ability to recognise unusual diagnoses. During his MS, he studied a large series of children with peptic ulcer disease and published his findings. His work attracted the attention of Dr. Robert Zollinger, who offered him an opportunity to work further in this field. Gahu, however, chose to remain at CMC. After completing his MS, he joined the Departments of Surgery and Paediatric Surgery, working under Dr. Fenn and Dr. Devadatta.

As CMC did not then offer an MCh programme in Paediatric Surgery, Gahu pursued his specialist training at Madurai Medical College and Erskine Hospital. During this period, he also assisted the Grace Kennett Foundation Hospital in developing its surgical services. While still completing his MCh, he was offered a faculty position at Garyounis University in Benghazi, Libya, which later became Al-Arab Medical University. In Benghazi, Gahu continued his lifelong interest in research and published a number of papers in international journals. He virtually single-handedly managed the Paediatric Surgery Department and devoted considerable energy to training young Arab surgeons for the FRCS and, subsequently, the Arab Board examinations. His contribution extended well beyond providing surgical care; he helped build a generation of surgeons through teaching, mentoring and example.

After returning to India in late 1999, Gahu chose to serve where the need was greatest. He took up the position of Medical Superintendent and Senior Administrative Officer at Chinchpada Christian Hospital, situated in a deeply underserved region along the Maharashtra–Gujarat border. During his years there, he managed not only routine surgical work but also obstetric and orthopaedic emergencies. He was instrumental in obtaining the necessary government accreditation for the school established by the Emmanuel Hospital Association. One of his happiest moments was praying for the school's first batch of seven students as they prepared to write their Class 10 matriculation examination.

Gahu and Lalitha also made their home a place of welcome for the many young doctors who came to Chinchpada for mission service and training. He mentored numerous junior medical officers and took particular pride when they secured postgraduate training positions at his alma mater, CMC Vellore, many of them in surgical specialties. Knowing that these young doctors were far from their own families, Gahu and Lalitha kept their home open to them and became family to many.

After thirteen years of service at Chinchpada, Gahu relocated to Pune, where he served as a Medical Officer with the Pandita Ramabai Mukti Mission at Kedgaon, Maharashtra. He also assisted the Institute of Health Management, Pachod, through its Pune unit. Even after his formal “retirement”, service remained an integral part of his life. He continued to support the Emmanuel Public School run by the Emmanuel Education Society and was instrumental in obtaining FCRA registration for the organisation. Beyond medicine and service, Gahu retained a great love for travel and enjoyed visiting places of historical and natural interest. His life was marked by intellectual curiosity, a commitment to teaching, quiet generosity and a willingness to serve in places where his skills were most needed. About a month before his final hospitalisation, Gahu and Lalitha relocated to Vellore, bringing him back to the institution that had shaped so much of his professional life. He passed away peacefully, surrounded by close family.

Dr. Gahukamble will be remembered not only as a gifted surgeon and teacher, but as a mentor, administrator and mission doctor who invested deeply in people and institutions. From Vellore to Benghazi, Chinchpada, Kedgaon and beyond, his legacy lives on in the patients he cared for, the surgeons and young doctors he trained, and the communities he served.

He is survived by his wife, Dr. Lalitha Gahukamble; his sons, Dr. Ajay and Dr. Abhay Gahukamble (CMC Batch of 1995); his daughters-in-law, Dr. Asha (CMC Batch of 1997) and Dr. Binila (CMC Batch of 1995); and his grandsons, Aarav and Ayush (CMC Batch of 2025).

For those who would like to get in touch with the family, the contact details of his son Dr. Abhay Gahukamble is given below:

Email: abhaygahukamble@gmail.com

Our thoughts and prayers are with the bereaved members of the family at this time.

Situations Vacant

Click the following link to view the vacancies
<https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Vacancies under the Principal's Office - for queries, contact the mentioned office

1. Assistant Professor with DM Interventional Radiology (or) MD / DNB (Radiology) with 3 years Special Training in Interventional Radiology (includes 2 years Fellowship in CMC Only for applying Assistant Professor post for the Department of Interventional Radiology

Eligibility : As per NMC rules. **Salary :** As per institutional rules.

Accommodation : Provided (Partly Furnished, Depending on availability).

Applications to be done only through the online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Note: Only online applications will be accepted; Hard copies and emails will not be accepted.

Applications will close on **September 05, 2026.**

2. Senior Resident Gr.III with MS (General Surgery) for the Department of General Surgery-IV

Salary : As per institutional rules.

Accommodation : Provided (Partly Furnished, Depending on availability).

Applications to be done only through the online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Note: Only online applications will be accepted; Hard copies and emails will not be accepted.

Applications will close on **September 05, 2026.**

3. Senior Resident / Assistant Professor post with MD/DNB in Emergency Medicine / General Medicine / Pulmonary Medicine / Anesthesiology and MS/DNB in General Surgery / Orthopedics for the Department of Emergency Medicine

Experience : Should have at least one year teaching experience as (Asst.Professor) in any NMC recognised teaching institution for applying Assistant Professor post.

Candidates with DNB qualification should fulfill the latest NMC criteria for teaching appointment.

Salary : As per institutional rules.

Accommodation : Provided (Partly Furnished, Depending on availability).

Applications to be done only through the online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Note: Only online applications will be accepted; Hard copies and emails will not be accepted.

Applications will close on **September 12, 2026.**

4. Senior Resident / Assistant Professor with MD (Paediatrics) for the Department of Community Health

Experience : Should have at least one year teaching experience as (Asst.Professor) in any NMC recognised teaching institution to apply Assistant Professor job.

Salary : As per institutional rules. **Accommodation :** Provided (Subject to Availability).

Applications to be done only through the online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Note: Only online applications will be accepted; Hard copies and emails will not be accepted.

Applications will close on **September 12, 2026.**

5. Lecturer (NM) Research Coordinator for the Principal's Office (Centre for Public Health)

Eligibility (Essential) :

- * Postgraduate qualification in public health, a health science or related discipline (PhD in a public health related field preferred)
- * At least 3 years' experience in research coordination, proposal support or a comparable academic-administrative role
- * Strong academic writing, communication and organisational skills, with proven ability to manage multiple deadlines
- * Working familiarity with research ethics and institutional approval processes
- * Experience supporting interdisciplinary or multi-institutional collaborations

Core responsibilities :

- * Support adjunct faculty in developing concept notes and grant proposals, and facilitate timely institutional submission.
- * Coordinate seed grant calls and communicate extramural research opportunities
- * Track project milestones, deliverables and reporting deadlines; coordinate investigators and partner institutions
- * Organise training programmes, faculty interactions sessions and communications and website
- * Liaise with the Grants Coordinator on budgets; organise faculty interaction sessions.

Salary Scale : As per institutional rules.

Accommodation : Not Provided.

Applications to be done only through the online application system.

Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>

Note: *Only online applications will be accepted; Hard copies and emails will not be accepted.*

Applications will close on **September 12, 2026**.

Vacancies under the Office of Medical Superintendent - for queries contact the mentioned office

6. Staff III Graduate Technician in Medical Superintendent's Office (ACCESS)

Qualifications : Any Graduate, those who have 4 years of experience as Assistant Graduate Technician (Term Appointment) or equivalent only need to apply.

Salary Scale: As per institutional rules. **Age Limit:** 35years.

Note: Only Regular mode will be accepted, Private or correspondence will be not accepted

Applications to be done only through online application system. Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>.

Note : Only online applications will be accepted; Hard copies will not be accepted. Applications will close on **September 07, 2026**

7. Staff III Anaesthesia Technician in the Department of Neuroanaesthesia

Qualifications: B.Sc., (Operation Theatre and Anaesthesia Technology 3 year course + 1 year Internship) (Or) Diploma in Anaesthesia Technology (2 year course + 1 year Internship) and those who have completed 4 years of experience as Jr. Anaesthesia Technician (Term Appointment) or equivalent only need to apply.

Note: Only Regular mode will be accepted, Private or correspondence studies will be not accepted

Salary Scale: As per institutional rules.

Job Description: Anaesthesia Technician. **Age Limit:** 35 years.

Applications to be done only through online application system. Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>.

Note : Only online applications will be accepted; Hard copies will not be accepted. Applications will close on **September 07, 2026**

8. Assistant Medical Officer Gr. I for the Low Cost Effective Care Unit

Qualifications : M.B.B.S., with PG Certificate / PG Fellowship or 2 Years as Assistant Medical Officer

Salary Scale: As per institutional rules.

Accommodation: Provided.

Applications to be done only through online application system. Please log on to <https://clin.cmcvellore.ac.in/cmccapp/listapplication.aspx>.

Note : Only online applications will be accepted; Hard copies will not be accepted. Applications will close on **September 07, 2026**.